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Paula Huntsman, Sherrie Kingsley & Sally Trosset • Event Directors

Rich Jantzi • Race Director Sallie Dunham-Davis • Registration Director

Sam Carr • Publicity Zach Winnie • Design

Thank you for your support!

9th Annual



All proceeds will benefit
Girls On The Run

"Strengthening families
from start to finish..."

Sunday, June 5, 2011

2:00pm At The Clark Sports Center

A non-competitive, non-timed 5k and 1 mile
run or walk for the whole family!

www.girlsontheruncny.org



2011 New Balance Girls On The Run 5k

Presented by The Clark Sports Center and The National Baseball Hall Of Fame

Date: Sunday, June 5, 2011 **Race Time:** 2:00pm

Location: Clark Sports Center, 124 Susquehanna Ave., Cooperstown, NY

Registration and T-shirt/Packet Pickup: 11:30am–1:45pm

Race Requirements

- Clark Sports Center waivers are required for all race participants. Waivers must be signed by a parent or guardian. The form can be downloaded at www.girlsontheruncny.org.
- Entry forms must be filled out completely and must be signed by a parent or guardian. Early entry fees **MUST** postmarked by May 30. Runners may register as late entrants on the day of the race for an increased fee. **No early entries postmarked after May 30 will be accepted!**
- Groups of 10 or more may participate for \$15 per person.
- Photocopies of the entry form are acceptable.
- Entry fees are not refundable. The race will be held rain or shine.

Race Information

- Baby joggers are welcome to take part.
- No inline skaters, skateboards, scooters, or pets are permitted.
- The race will start at The Clark Sports Center, 124 Susquehanna Ave., Cooperstown, New York, 13326. Parking is free at the Sports Center.

About Girls On The Run

Girls on the Run of Central New York is a local council of the national program Girls on the Run (GOTR). GOTR is an after school program that uses the power of running to help prepare girls for a lifetime of self-respect and healthy living. Through interactive activities such as running, playing games and discussing important issues participants learn how to celebrate being girls. There are currently 160 Councils across the United States and Canada, all of which are 501(c) 3 non-profit organizations.

Race Course

The race course will start and end at The Clark Sports Center. Participants will run down County Highway 33 and back to the Sports Center grounds.

Questions About The Race Or GOTR

Contact Paula Hunstman by calling (607) 435-5298 or by email at phunts@mac.com.



ENTRY FORM

First name MI Last name

Mailing address

City State Zip Code

Email address Age on race day T-shirt size (Youth M/L • Adult S/M/L/XL)

Phone number GOTR site/school

Registration Fee • Make checks payable to: Girls On The Run, P.O. Box 118, Fly Creek, NY, 13337 (No refunds; the race will be held rain or shine).

\$20 per person postmarked by May 30 or \$25 on the day of the race

\$40 per family postmarked by May 30 or \$50 on the day of the race

Free for 2011 GOTR of Central New York participants

\$15 per GOTR participant not in Central New York Council

\$15 per person for a group of 10 or more participants

Additional donation (list amount here): _____

Parent Signature • *Must be signed if under 18 years old*

Signature

Date

In consideration of accepting this entry, I hereby, for myself and my heirs, executors or administrators, waive and release any claims, cause of action, I may have against GOTR Int. Otsego County, or the sponsors of this race, jointly and separately, for all injuries, loss, or damage I incur before, during, or after the race.

Reminders

- Race Day Packet Pickup: 11:30am–1:45pm. Race registration includes a goodie bag, medallion for the first 800 registrants, and a T-shirt for the first 800 registrants.
- The race starts at 2:00pm at The Clark Sports Center in Cooperstown, NY.
- A Clark Sports Center waiver must be signed by a parent or guardian. Download the form at www.girlsontheruncny.org.